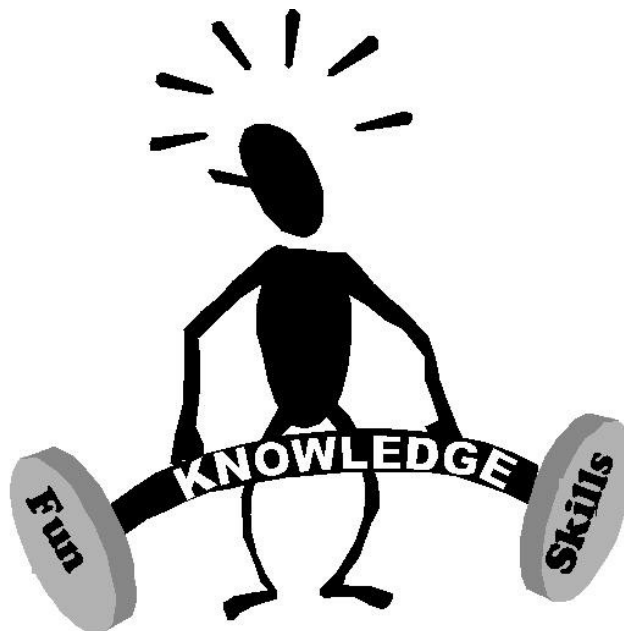




# Extreme Youth Leadership Family Life Plan of Action for 2009



## Community Assessment:

I like where I live because... quiet in the city, small town feel, good school, friendly neighborhood, good church,

My favorite thing to do where I live is... hang out with friends,

If I could change one thing where I live, it would be... drug dealers go away, friends are on the other side of town, gunshots at night, **youth aren't listened to by adults, no one knows anybody, robberies, be ethnically diverse, cops, stereotypes,**

The favorite thing the youth in my community like to do is... drink/drugs, drug free parties,

One thing the youth in my community do that worries adults is... no respect

One thing the adults in my community do that worries youth is... drinking/drugs for youth have become a norm (adults don't care and provide alcohol to youth), the adults are ignorant about facts, judge people based on look/color

The biggest issue in my community is...drinking/drugs, **stereotypes/racism (lack of knowledge)**

What is being done to address this issue in my community is... "We came to camp," DEFY

What I can do to address this issue is... lead by example, raise the standards of excellence, and stand up to racist friends

\*Who do you want to target? Young adults 13-18

Where is the issue taking place? Parties

What are you going to do? Continue "**DEFY**" (**drug education for youth**)

Who in the community can help you? Church, parents, teachers

What is it you hope to accomplish with your project? Continue DEFY Camp

Who are you targeting? Youth 13-18

What does the target audience *already* know about the problem? Drinking and driving is bad

What does the target audience *need* to know about the problem? Hard, solid facts

How do you plan to put those things that they need to know in your project event? Skits, slide shows, personal testimonies/police come and talk

What do you want "them" to do afterwards? Knowledge, better understanding of drugs/alcohol

How will you advertise your project to the Community? See below

How will your project use the following media?

- Brochures/ flyers/ other printed materials
- Radio
- Television Local News
- Email
- Social Networks
- Face Book

Who do you need to include in your project? Church, DEFY adults, community leaders

What do you need from them for your project? A location for the DEFY camp, money for the camp expenses

## Project Partnerships

How could your project include the following Community Partnerships?

### Community:

- Companies: can help by giving money towards the camp
- Parents: can help get the youth of the community to DEFY Camp
- Community Service Groups: EYL
- Churches
- Business owners
- Foundation representative

### School:

- School Superintendent: can approve talking to teachers for camper kids
- School Board Member(s): can approve talking to teachers for camper kids
- School Principal:
- Teacher(s): can recommend students to go to the camp
- Counselor: can be there at the camp for upset students to talk to
- School Service Groups

### If/then statements:

This is a logical connection between the problem Identified, the resources needed and strategies implemented. Read the following if/ then statement after filling in these blanks.

The problem we want to address is drugs/alcohol,  
If we continue DEFY Camp, then we can provide knowledge and drug free parties,  
If we provide these activities we will spread knowledge through out the community,  
If we have these results then this problem will be alleviated,  
If this problem is alleviated then this project will be complete.  
If the problem still exists then we will begin an additional plan.....

# CSAP Six Prevention Strategies

1.  **Dissemination of Information – knowledge** (get the word out)  
The dissemination of information is characterized by one-way communication from the source to the audience, with limited contact between the two.
- What kind of information are you going to distribute? PSA's, Use flyers that are made already
  - Who will you distribute the information to? City Counsel (for funding), youth, parents
  - How will you distribute the information? Radio, flyers

1. An activity night will be provided at DEFY Camp in June for youth 13-18.

2. Learn how to be yourself (provide a safe environment at camp)

2.  **Prevention Education – skills**  
Activities under this strategy aim to affect critical life and social skills, including decision making, refusal skills and critical analysis of media messages.

- What skills will people gain as a result of your project? Keep someone from engaging in drug related activities
- How will you teach people to refuse the negative and accept the positive? Lead by example, use skits to show them how to say no (use a true story), give them facts

Check the skill(s) included in plan:  Communication  Personal  Refusal

3.  **Alternative Activities – options**  
This strategy provides for the participation of target populations in activities that exclude drug use.

- What activities will you provide people who need a place to go or something to do? Games, dances, just a place to hang out with positive people
- How often will these activities be available? Whenever possible (we are always hanging out doing things), "10 month follow-up thing"

4.  **Community-Based Processes – working together**  
This strategy aims to enhance the community partnerships

- Who in the community will you get involved in the project? Linda Tippins, CEY, San Antonio Police Dept.
- How will you get the community involved? Personal testimonies, help get the word out, share the mission statement

1. Linda Tippins (San Antonio Fighting Back) can contribute by sharing supplies, help find a facility to have the event at, can help get facts that we can use at our camp

2. San Antonio Police Dept. can contribute by giving personal testimonies/ personal facts

5.  Environmental Approaches – **changing attitudes, norms, policy or law**

This strategy seeks to establish or change community policies, laws, norms and attitudes

- Will this project change any community policies, laws, norms or attitudes?

Policy

Laws: just have the laws enforced

Norms: give them facts so that they will change their behavior

Attitudes: change how adults look at youth's attitudes

- How will your project change community policies, laws, norms or attitudes?

Laws will actually be enforced

Norms it will not be okay for youth to drink or do drugs in the community

6.  Problem Identification and Referral – **helping others**

This strategy aims to identify those who have indulged in problem behaviors in order to help them.

- How will you offer help to those who make poor decisions or are already in trouble?  
Just have them hang out with us and we will show them that they don't have to do alcohol/drugs to have fun (lead by example)
- Are there people or organizations in your community that you can refer those people to? Take them to San Antonio Fighting Back

## Project Results

### Short-term Outcomes

What *immediate changes* do you expect to see as a result of the activities your program provides? enter immediate changes here

- Knowledge Increase: they will know more facts
- Skills Learned: they will know how to effectively say no
- Attitudes Changed: youth will know why drugs/alcohol is bad for you and it hurts others around you, not just you

### Intermediate Outcomes

What *behavioral changes* do you want to see as a result of all your project activities?

- Behavior(s) Changed: help young adults get to know who they really are
- Behavior(s) Changed: less drinking among young adults

### Long-term Outcomes

What *conditions or abilities* do you hope to see as a result of all your program activities?

- Condition(s) changed: young adults will not want to drink because they know the facts about drugs/alcohol
- Ability(s) gained: leadership skills that will be used for a positive influence in the community

### Project Materials

Write down what supplies are needed to complete the project. (Money, place, materials, etc)  
Money, location, refreshments for staffers, supplies for "family group" type of activities

**Project Elevator Speech:** Hello. We are from Elevate Youth Program. It is a summer leadership program composed of teens that are dedicated to affecting change in our community. We currently have in place a drug prevention program that is causing a change in our city. But to continue our success we need your support. What can you do to better our cause?

## Delegated Duties: List tasks to be completed by who/ when here

Tasks to be completed	By Who	By When
1. Change the camp workshop material		
2. Find a place to have camp		
3. Get supplies		
4. Get funding/support for camp		
5. Get the word out so students would know about the camp		
6. Get speakers (policemen, students, <b>personal testimonies</b> , motivational speakers)		
7. Make a press release and talk to local radio/TV news about getting the word out		
8. research hard facts (about alcohol and drug abuse)		
9. Make a facebook/myspace		
10. Find transportation to get them to camp		

Team Slogan: Elevate: Raising the Standards

## Closing Presentation Information

Team Name: Elevate

We will do a project in the Family Life Church

The problem we want to change is: Drug and Alcohol Abuse

We want to change this by: Adding a camp to the already existing program of DEFY for youth aged 13-18

The expected results of our project are: Young adults will know more about the facts of alcohol and drug abuse; they will have more knowledge about drugs

We want to complete our project on or before: June 30, 2010