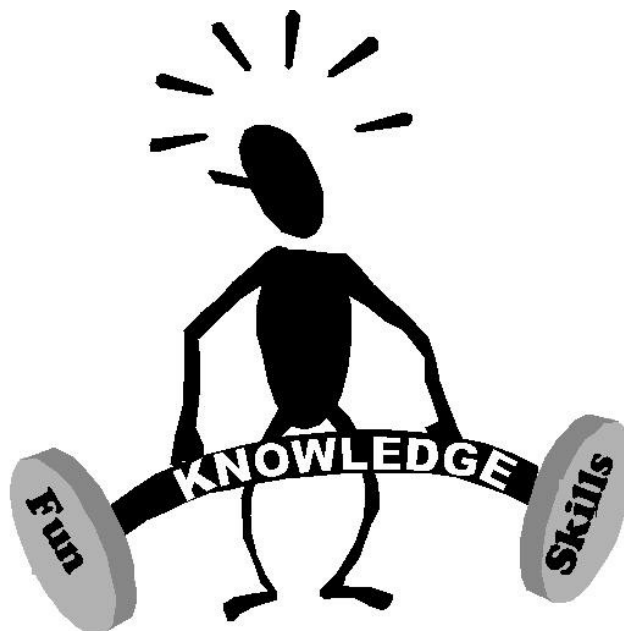




# Extreme Youth Leadership Plan of Action for 2009

## Graham High Stars



## Community Assessment:

I like where I live because...drive-in, adult residence, city pool, and the small size.

My favorite thing to do where I live is...go to drive-ins, go swimming, watch the school football games, and go out of town.

If I could change one thing where I live, it would be...teen pregnancies, drugs and alcohol, cleaner, parties, and the close mindedness.

The favorite thing the youth in my community like to do is...party/get drunk, go to the Rock (teen hangout), go to drive-ins, go fishing, go to the park, and have youth parties.

One thing the youth in my community do that worries adults is...racing, driving drunk, partying, lack of moral conscienceness, impulse actions, gangs, having sex, and drugs.

One thing the adults in my community do that worries youth is...they're closed minded, racism, drunk driving, divorces, child abuse and child pornography.

The biggest issue in my community is...teen pregnancy, child pornography, drug abuse, parties and drinking in general.

What is being done to address this issue in my community is...NOTHING.

What I can do to address this issue is...have a guest speaker, red ribbon week, talk to younger kids, and puppet shows.

Who do you want to target? Teenagers, cops, and adults

Where is the issue taking place? Pastures, in town, houses, and the lake.

What are you going to do? Guest Speakers

Who in the community can help you? United Way, MADD, Turning Point

What is it you hope to accomplish with your project? Raise awareness and show that there can be fun without drinking.

Who are you targeting? Classmates, parents, and teachers

What does the target audience already know about the problem? They know it, but don't know the consequences.

What does the target audience need to know about the problem? Consequences

How do you plan to put those things that they need to know in your project event? Inspirational speakers and show the reality through videos and wrecked cars.

What do you want "them" to do afterwards? Ask questions, change behaviors, show other

resources and join the team.

How will you advertise your project to the Community? Flyers home with students, newspaper, pamphlets, and visuals.

How will your project use the following media?

- Community Newspaper advertisement (before and after)
- School Newspaper
- Brochures/ flyers/ other printed materials to take home
- Radio talk show
- Television
- World Wide Web
- Email
- Pod casts
- Text Messaging
- Instant Messaging
- Fax Messaging
- Social Networks
  - My Space post notice
  - Face Book
  - Twitter
  - Other

Who do you need to include in your project? Christie Felps, Turning Point, MADD, United Way, Mr. Sanders, Coach McGee, Coach Hodnett

What do you need from them for your project? Support, donate pamphlet materials, tech help

## Project Partnerships

How could your project include the following Community Partnerships? SUPPORT

### Community:

- Companies United Way
- Parents Support
- Community Service Groups Lions Club
- Churches guest
- Business owners ask Wal-mart
- Foundation representative MADD

### School:

- School Superintendent
- School Board Member(s)
- School Principal
- Teacher(s)
- Counselor
- School Service Groups Student Council

### Government:

City:

- Mayor
- City Council Member
- City Manager
- Police Chief

County:

- County Judge
- County Commissioner
- Sheriff

State:

- Representative
- Senator

National:

- Representative
- Senator

### If/then statements:

This is a logical connection between the problem Identified, the resources needed and strategies implemented. Read the following if/ then statement after filling in these blanks.

The problem we want to address is Drinking,

If we have the crashed car, speakers, money to speak, pamphlet materials then we can provide

Guest speakers, Every 15 minutes,

If we provide these activities we will more awareness,

If we have these results then this problem will be alleviated,

If this problem is alleviated then this project will be complete.

If the problem still exists then we will begin an additional plan.....

## CSAP Six Prevention Strategies

1.  **Dissemination of Information – knowledge** (get the word out)  
The dissemination of information is characterized by one-way communication from the source to the audience, with limited contact between the two.
  - What kind of information are you going to distribute?
  - Who will you distribute the information to?
  - How will you distribute the information?

FILL IN:

(name the information) **will be provided** (how?) **on** (when?) **for** (who?)

1. name the information will be provided how on when for who.
2. name the information will be provided how on when for who.
3. name the information will be provided how on when for who.

2.  **Prevention Education – skills**

Activities under this strategy aim to affect critical life and social skills, including decision making, refusal skills and critical analysis of media messages.

- What skills will people gain as a result of your project? Thinking about consequences, not just doing.
- How will you teach people to refuse the negative and accept the positive? Being real, sharing true/ real life situations

Check the skill(s) included in plan:

- Communication       Personal       Social       Critical Analysis  
 Coping       Refusal       Other:       Other:

3.  **Alternative Activities – options**

This strategy provides for the participation of target populations in activities that exclude drug use.

- What activities will you provide people who need a place to go or something to do?
- How often will these activities be available?

FILL IN:

(name the activity) **will be done on** (when?) **for** (who?)

1. Goofy Fashion Show will be done on during school year (spring) for all students.
2. Dodgeball Tourny will be done on fall for the whole community.
3. Dance/ Game Night will be done on end of the year for all students (8<sup>th</sup> and up).

4.  **Community-Based Processes – working together**

This strategy aims to enhance the community partnerships

- Who in the community will you get involved in the project?
- How will you get the community involved?

FILL IN:

Partners Name      What can they contribute to the project ?

1. Teachers can contribute talk to other classes, classes.
2. Principal can contribute approvals, back you up with school board.
3. School board can contribute support.

4. Superintendent can contribute support.
5. Community as a whole can contribute support, volunteering to help.
6. Churches can contribute prayer, spreading word.
7. Banks can contribute donations \$ for advertising.
8. Southern Bleachers can contribute donations \$.
9. Steel Stadiums can contribute donations \$.
10. Wal-mart can contribute donations \$.
11. Hub can contribute donations \$.
12. Law Enforcement Officer Mabbitt (DARE) can contribute find real life stories from inmates; security events.

5.  **Environmental Approaches – changing attitudes, norms, policy or law**

This strategy seeks to establish or change community policies, laws, norms and attitudes

- Will this project change any community policies, laws, norms or attitudes?

Policy

Laws

Norms hope that kids won't want to do the norms anymore

Attitudes

- How will your project change community policies, laws, norms or attitudes?

Policy

Laws

Norms Hope that kids won't want to do the norms anymore

Attitudes

6.  **Problem Identification and Referral – helping others**

This strategy aims to identify those who have indulged in problem behaviors in order to help them.

- How will you offer help to those who make poor decisions or are already in trouble?

- Are there people or organizations in your community that you can refer those people to?

FILL IN (enter who) **is the referral source for** (enter problem)

1. Turning Point is the referral source for drinking-drugs addictions.
2. School Counselors is the referral source for any.
3. Youth leaders at church is the referral source for problems.

## Project Results

### Short-term Outcomes

What *immediate changes* do you expect to see as a result of the activities your program provides?

- Knowledge Increase: Think about their decisions more and learn about drugs and alcohol.
- Skills Learned: Say no- resist peer pressure
- Attitudes Changed: Go to STARS to join and to have fun without drugs and alcohol

### Intermediate Outcomes

What *behavioral changes* do you want to see as a result of all your project activities? enter behaviorial changes here

- Behavior(s) Changed: no drink/smoke/drugs
- Behavior(s) Changed:
- Behavior(s) Changed:

### Long-term Outcomes

What *conditions or abilities* do you hope to see as a result of all your program activities?

- Condition(s) changed: the kids will aont to be involved in the school and projects
- Condition(s) changed:
- Ability(s) gained: saying no
- Ability(s) gained:

## Project Materials

Write down what supplies are needed to complete the project. (Money, place, materials, etc)

crashed car, dodgeballs, paper, place, spot lights, money, snacks, drinks, lights

**Project Elevator Speech:** We are the GHS STARS students taking a real stand against drugs, alcohol, tobacco, and violence. We're here today to draw your attention to the drinking problem in our community. We have come up with activities to try and help this situation. We were wondering if you would be willing to \_\_\_\_\_ "stand behind us" "donate money" or "donate supplies".

**Project Press Release:** STARS is having a \_\_\_\_\_. Actual news what's happening. Why it is news. Sponsors, donors, Date of event, People in STARS. Reason for doing activity. STARS and brief description of it. Contact information.

**Delegated Duties:** List tasks to be completed by who/ when here

<b>Tasks to be completed</b>	<b>By Who</b>	<b>By When</b>
1. talking to officials that need to be talked to	officers of STARS	AUG 30
2. getting more students involved	everyone	SEP 30
3. talking to principal	Nicole	ASAP
4. talking to teachers	Chelsea	ASAP
5. make pamphlet	everyone	before each event
6. raise money	everyone	ASAP
7. getting guest speakers	Chelsea	ASAP
8. find location	Chelsea	ASAP
9.		
10.		
11.		
12.		

**Team Slogan:** Stand up... We are!

**Closing Presentation Information**

Team Name: STARS

We will do a project in the Goofy Fashion Show

The problem we want to change is: drinking

We want to change this by: getting more people involved

The expected results of our project are:

We want to complete our project on or before:

Notes: