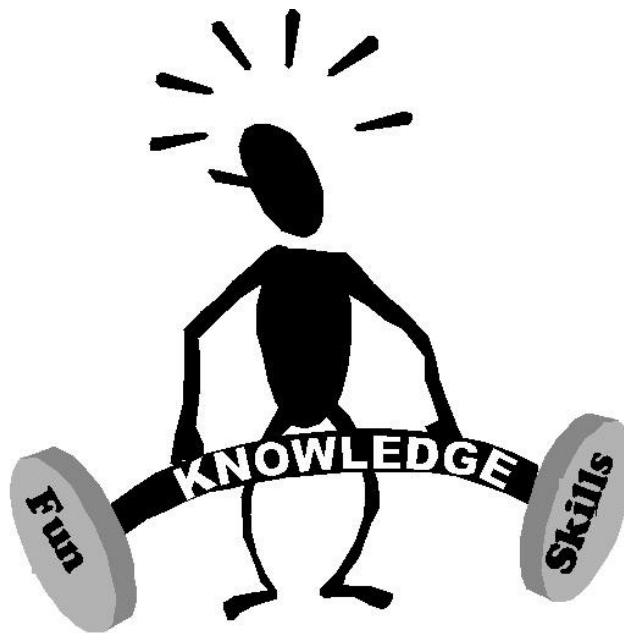




# Extreme Youth Leadership Lanier SAISD Police Explorers Plan of Action for 2009



## Community Assessment:

I like where I live because...It is friendly, people are close to each other, friendly, peace, respectful community

My favorite thing to do where I live is...TV, Sleep, Play, close to Sea World, Sports, be with family and friends

If I could change one thing where I live, it would be...Reduce drug and alcohol use for underage, drunk driving, violence, graffiti everywhere, and stop corruption in the neighborhood

The favorite thing the youth in my community like to do is...drugs/drinking, prostitution, play sports, partying

One thing the youth in my community do that worries adults is...Drugs, Alcohol, Gangs, prostitution, Graffiti, violence

One thing the adults in my community do that worries youth is... Prostitution, Drug dealing, gangs, drive by, drink and drive

The biggest issue in my community is...Drive by, gangs, violence, drugs, graffiti

What is being done to address this issue in my community is...nothing, most of the cops are bad cops even though they are always around, some new laws

What I can do to address this issue is...help out painting over graffiti, notify cops, start a neighborhood watch program, motivational speakers from rough pasts

Who do you want to target? Younger kids, elementary (4<sup>th</sup> and 5<sup>th</sup>) and Jr. High

Where is the issue taking place? School, socially, and homes

What are you going to do? Talk to parents about drugs, get the word out, flyers, presentations, create educational activities, come at people in a different way and get them involved

Who in the community can help you? Parents, School Board, School Faculty, Mayor, Our Sponsor, Law Enforcement, Churches

What is it you hope to accomplish with your project? To show people we are trying to create good change in our community, we also want them to have a better knowledge and understanding of the misuse of drugs, Drugs are not the only option, there are better things to do

Who are you targeting? Elementary and Middle School

What does the target audience *already* know about the problem? To them they think its cool because they see older kids doing it, they don't know the full meaning about what drugs can do to them physically

What does the target audience *need* to know about the problem? Not only do drugs affect you, but they affect others as well, It can stop

How do you plan to put those things that they need to know in your project event? Having presentations about where drugs will take you, the reality of drugs, educational slide shows about doing drugs and not doing drugs, Involving the media and getting our word out all over our community

What do you want “them” to do afterwards? Take into consideration what they say, help us spread the word, help us take on leadership roles

How will you advertise your project to the Community? Flyers, news station, media, presentation at school board meetings and PTA meetings

How will your project use the following media? To get the word out and educate others over what we are trying to do

- Community Newspaper Give information about us to the newspaper to help get our story out
- School Newspaper same as above
- Brochures/ flyers/ other printed materials Hang up around schools and the community
- Television contact news stations to cover our events
- Social Networks
- Other Create a website about our group so that when we go to other schools to do presentations, we can tell them to check out our website for more information

Who do you need to include in your project? Officers, Our Sponsor, the rest of the explorers program, The principal and superintendent

What do you need from them for your project? Support, and approval from school faculty to allow us to present in their schools, to help us plan and get others involved in our project

## Project Partnerships

How could your project include the following Community Partnerships? Their support

### Community:

- Companies financially, advertising for us, getting others involved
- Parents support
- Community Service Groups advertise
- Churches advertising
- Business owners sponsorship, money
- Foundation representative sponsorship, money

### School:

- School Superintendent support and approval, network
- School Board Member(s) support, approval
- School Principal support, approval
- Teacher(s)
- Counselor

## Government:

City:

- Mayor support
- City Council Member
- City Manager
- Police Chief speaker

County:

- County Judge
- County Commissioner
- Sheriff if in the county (for deputies to speak at school)

State:

- Representative
- Senator

National:

- Representative
- Senator

## If/then statements:

This is a logical connection between the problem Identified, the resources needed and strategies implemented. Read the following if/ then statement after filling in these blanks.

The problem we want to address is drugs,

If we have our officers and our school leaders then we can provide presentations,

If we provide these presentations we will hopefully reduce drugs and educate youth,

If we have these results then this problem will be alleviated,

If this problem is alleviated then this project will be complete.

If the problem still exists then we will begin an additional plan.....

## CSAP Six Prevention Strategies

1.  **Dissemination of Information – knowledge** (get the word out)  
The dissemination of information is characterized by one-way communication from the source to the audience, with limited contact between the two.
  - What kind of information are you going to distribute? Who we are as a group, Information about drugs, what we will be presenting
  - Who will you distribute the information to? Elementary school, Middle School, Our partners and sponsors, and the Media
  - How will you distribute the information? Flyers, distribute information, word of mouth  
Email
1. Information on drug prevention will be provided through a presentation once a month for elementary and middle school students.

2.  **Prevention Education – skills**

Activities under this strategy aim to affect critical life and social skills, including decision making, refusal skills and critical analysis of media messages.

- What skills will people gain as a result of your project? Learn to make good decisions, how to say no, how to be a leader and not a follower
- How will you teach people to refuse the negative and accept the positive? By showing them the consequences of using drugs and making bad decisions through our presentations

Check the skill(s) included in plan:

Communication     Personal     Social     Coping     Refusal

3.  **Alternative Activities – options**

This strategy provides for the participation of target populations in activities that exclude drug use.

- What activities will you provide people who need a place to go or something to do? Set up a drug/alcohol free events at a park or other public are, and do team-building activities like we've learned at camp
  - How often will these activities be available? Once a month, after our presentations
1. Team building will be done once a month for elementary and junior high, and anyone else who would like to come in our community.

4.  **Community-Based Processes – working together**

This strategy aims to enhance the community partnerships

- Who in the community will you get involved in the project? Officers, the Mayor, Teachers, School Faculty, and other leaders in our community
  - How will you get the community involved? By holding the leadership building activities, asking them for support, and funding for our project
1. Parents can contribute Support, get their kids involved, snacks and food, PTA
  2. Counselors can contribute Experience, to help us present
  3. The Media can contribute advertisements, and getting the word out
  4. Businesses can contribute Financial help with our project
  5. Police Officers can contribute by helping with presentations, vehicles, and informational pamphlets
  6. Superintendent of schools can contribute by getting permission to present
  7. Mrs. Ford can contribute Logistics, and resources

5.  Environmental Approaches – **changing attitudes, norms, policy or law**

This strategy seeks to establish or change community policies, laws, norms and attitudes

- Will this project change any community policies, laws, norms or attitudes? It will change attitudes and norms

Policy

Laws

Norms That there are better things in life than doing drugs

Attitudes They will have a better view of making right decisions and being leaders

- How will your project change community policies, laws, norms or attitudes? If there is a change in one, there will be change in another, it starts a chain reaction

Attitudes: even if one person has a positive look on drugs, by showing them drugs is not the way to go, it can change the way they view drugs

6.  Problem Identification and Referral – **helping others**

This strategy aims to identify those who have indulged in problem behaviors in order to help them.

- How will you offer help to those who make poor decisions or are already in trouble? By inspiring them, and letting them know that there is someone there to listen and turn to, by motivating them to make a change, get them involved in programs, extracurricular activities and extra curricular activities
- Are there people or organizations in your community that you can refer those people to? The Explorers, Boys and Girls Club, Boys and Girl Scouts, Counselors, and Rehab

1. Rehab Center is the referral source for drug abuse.
2. Their family is the referral source for drug abuse.
3. Hospital is the referral source for health problem due to drug abuse.

## Project Results

### Short-term Outcomes

What *immediate changes* do you expect to see as a result of the activities your program provides? Inspiration, motivation, self respect, right from wrong, willingness to change

Knowledge Increase: the positives of leading a drug free life and the negatives of having one

Skills Learned: teamwork, decision making skills, be a leader not a follower, learn to refuse

Attitudes Changed: positive attitudes, self confidence, respect, honesty, respect

### Intermediate Outcomes

What *behavioral changes* do you want to see as a result of all your project activities?

Behavior(s) Changed: from negative to positive

### Long-term Outcomes

What *conditions or abilities* do you hope to see as a result of all your program activities?

Condition(s) changed: the community will get cleaned up and a chain reaction will get more people involved

Condition(s) changed: a safer and respectful environment

Ability(s) gained: the ability to see that the community can be better, it will be a positive change,

## Project Materials

Write down what supplies are needed to complete the project. (Money, place, materials, etc)  
Money, Posters, Computers, Paper, an audience

**Project Elevator Speech:** Hello, we are from Lanier and we're doing a project based on all of the drug activities in our community dealing with kids from Elementary and Middle School. Our project will be taking place at different Schools in our community. We plan on starting our project as soon as possible before December of 2009. Many children in our community have already turned to drugs as a substitute of comfort within themselves. There are also those who haven't, but are most likely to without an intervention we plan to have several presentations, once a month, showing the many great things life has to offer without drugs and also the negative things drugs offer. Most importantly, our goal is to show these kids that there are better things than drugs and that we do care! Are you willing to help us? And can we have your support?

## Delegated Duties: List tasks to be completed by who/ when here

<b>Tasks to be completed</b>	<b>By Who</b>	<b>By When</b>
1. Get in touch with and talk to a speaker	Vincent	September 24
2. Get together parent Volunteers	Janie	September 24
3. Contact Sonny Melendez	Miguel	September 24
4. Find and rent or get permission for a location for our activities	Steph	October 1
5. Plan on where to get money and how it will be managed	Omar	October 1
6. Put together Power Point	Lalo	October 1
7. Plan Activities	Justin	October 1
8. SAISD Police Dept., Alamo Council of Governments,	Vincent	September 24
9. School Faculty (Principal and Teachers, etc.)	Everyone contributes	September 24

**Team Slogan:** One Transformation can better your destination

## Closing Presentation Information

Team Name: Transformers

We will do a project in the our schools and community

The problem we want to change is: drug activity in our community

We want to change this by: having monthly presentations over drug prevention and creating team-building activities we can engage other students in

The expected results of our project are: To show people how to make right choices, to get the kids involved and help spread the word

We want to complete our project on or before: December 1, 2009