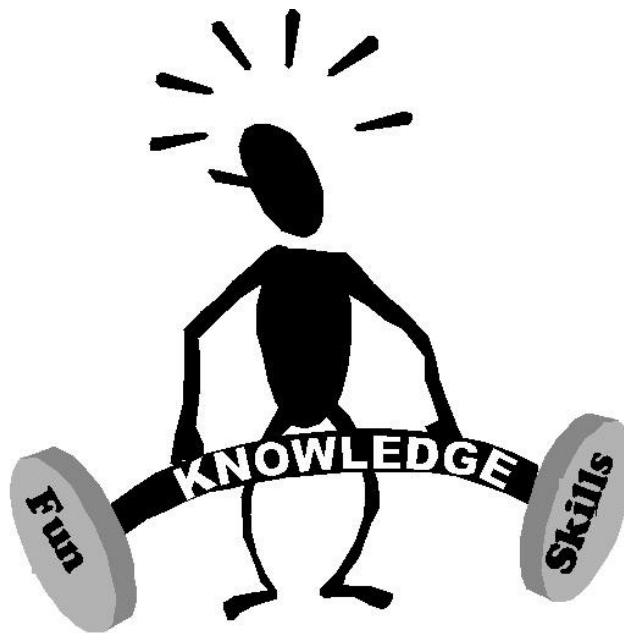




# Extreme Youth Leadership New Generations Plan of Action for 2009



Community Assessment:

I like where I live because... friends, family, unique people, PDAP, live music, swimming, art museums.

My favorite thing to do where I live is....football, hang out with friends, hang out at PDAP, go to live music,

If I could change one thing where I live, it would be....make town more green, more live music, help drug users, gangs, violence, STD's

The favorite thing the youth in my community like to do is...drugs, mall, movies, concerts, sports

One thing the youth in my community do that worries adults is...drugs, gangs, violence, crime, sex, teen pregnancies

One thing the adults in my community do that worries youth is... drinking and driving, drugs, domestic violence,

The biggest issue in my community is...gangs, violence, drugs, alcohol, sex

What is being done to address this issue in my community is... STD education, suspension from school after fights

What I can do to address this issue is...educational program on sex, educational carnival

Who do you want to target? Middle school

Where is the issue taking place? Informing others on sex education

What are you going to do? Assembly

Who in the community can help you? Robin Gonzales, Law firm, PDAP, Project Worth, EYL, David Oriley

What is it you hope to accomplish with your project? Inform middle school students about consequences of sex

Who are you targeting? Middle school

What does the target audience *already* know about the problem? Capable of producing offspring, false information

What does the target audience *need* to know about the problem? Too much responsibility for a student that age,that their actions affect others not just themselves

How do you plan to put those things that they need to know in your project event? Power Point presentation, guest speaker, skits, contact information afterwards

What do you want “them” to do afterwards? Spread the word, put the message into their own lives, and get help.

How will you advertise your project to the Community?

How will your project use the following media?

- Community Newspaper Article about the assemblies.
- School Newspaper Use it if there is one possible
- Brochures/ flyers/ other printed materials Provide information on the issue
- Radio College Stations
- Television Coverage on the event
- Email Send forwards with facts about the issue.
- Social Networks Get the word out
  - My Space send out information, post bulletins
  - Face Book send out information, post bulletins
  - Other You Tube video

Who do you need to include in your project? Media, school system, help hotlines.

What do you need from them for your project? Attendance, speakers, and help with organization.

## Project Partnerships

How could your project include the following Community Partnerships?

### Community:

- Companies health professionals to present, health department
- Parents need permission to give the assembly to their kid.
- Community Service Groups resources can help with the presentation, motivational, speaker, PDAP support, EYL
- Churches
- Business owners
- Foundation representative

### School:

- School Superintendent
- School Board Member(s)
- School Principal permission to use facilities
- Teacher(s)
- Counselor
- School Service Groups

If/then statements:

This is a logical connection between the problem Identified, the resources needed and strategies implemented. Read the following if/ then statement after filling in these blanks.

The problem we want to address is early sex,  
If we have school, PDAP, and Planned Parenthood resources then we can provide an informative assembly about the dangers of early sex,  
If we provide these activities we will change the attitudes of the middle school students,  
If we have these results then this problem will be alleviated,  
If this problem is alleviated then this project will be complete.  
If the problem still exists then we will begin an additional plan.....

## CSAP Six Prevention Strategies

1.  **Dissemination of Information – knowledge** (get the word out)  
The dissemination of information is characterized by one-way communication from the source to the audience, with limited contact between the two.
  - What kind of information are you going to distribute? Consequences of early sex
  - Who will you distribute the information to? Middle School kids
  - How will you distribute the information? Assemblies, brochures
  1. Consequences of early sex will be provided through assemblies on November for middle school students.
  2. Consequences of sex will be provided brochures on November for parents.
  
2.  **Prevention Education – skills**  
Activities under this strategy aim to affect critical life and social skills, including decision making, refusal skills and critical analysis of media messages.
  - What skills will people gain as a result of your project? Refusal and communication
  - How will you teach people to refuse the negative and accept the positive?  
Information about the consequences.

Check the skill(s) included in plan:

Communication       Coping       Refusal
  
3.  **Alternative Activities – options**  
This strategy provides for the participation of target populations in activities that exclude drug use.
  
4.  **Community-Based Processes – working together**

This strategy aims to enhance the community partnerships

- Who in the community will you get involved in the project? Parents and school system.
- How will you get the community involved? Media coverage, brochures to parents.

1. Principal can contribute permission and support.
2. Project Worth can contribute help with the information and speak.
3. Health services can contribute help with surveys.
4. Parents can contribute permission.
5. Elizabeth Ann Seaton Home can contribute information and referral.
6. PDAP can contribute support and help with resources.
7. Health Professionals can contribute information and present for the parents.
8. EYL can contribute resources.
9. Robin Gonzales can contribute book information and present.
10. Prevention Partners can contribute information and statistics.

5.  Environmental Approaches – **changing attitudes, norms, policy or law**

This strategy seeks to establish or change community policies, laws, norms and attitudes

- Will this project change any community policies, laws, norms or attitudes? Change the norms and attitudes of the attendees.

Norms Early sex is acceptable.

Attitudes Abstinence is wrong.

- How will your project change community policies, laws, norms or attitudes?  
Norms- The attendees will no longer think that sex is acceptable at this age and abstinence is an accepted option.

Attitudes Abstinence is the best way to go.

6.  Problem Identification and Referral – **helping others**

This strategy aims to identify those who have indulged in problem behaviors in order to help them.

- How will you offer help to those who make poor decisions or are already in trouble? We will show this information in the assembly and brochures that we produce.
- Are there people or organizations in your community that you can refer those people to? Yes, we know of two local help services.

1. Elizabeth Ann Seaton Home is the referral source for shelter and support.
2. Planned Parenthood is the referral source for people that are expecting.

## Project Results

### Short-term Outcomes

What *immediate changes* do you expect to see as a result of the activities your program provides?

Knowledge Increase: The students will learn the consequences of sexual intercourse and teen pregnancy.

Skills Learned: Open up the communication between students and parents.

Attitudes Changed: The students need to have an open mind and take the issue seriously.

### Intermediate Outcomes

What *behavioral changes* do you want to see as a result of all your project activities?

Behavior(s) Changed: The immaturity level to go down about the issue.

Behavior(s) Changed: The parents to be open minded about all the options.

### Long-term Outcomes

What *conditions or abilities* do you hope to see as a result of all your program activities?

Condition(s) changed: The rate of teen pregnancy and STD's go down.

Condition(s) changed: The students will be able to comfortably talk with their parents.

Ability(s) gained: The students to have the ability to be able to refuse.

Ability(s) gained: The students to be able to communicate and get help when in need.

## Project Materials

Write down what supplies are needed to complete the project. (Money, place, materials, etc)  
 computer, printer, projector, poster board, paper, markers, tape, school facility, PDAP vans  
 and staff

**Project Elevator Speech:** How would you feel if your daughter came home from middle school and announced that she was pregnant? Unfortunately, this is something that many families have gone through and is unnecessary. This growing epidemic can be slowed if not stopped. The source of teen pregnancy is sex and some issues causing this increase are the simple fact that some parents do not want their kids to learn about sex at a young age. Some parents may feel or not think that a child would engage in sexual activity to begin with their love thing doesn't open communication, resulting in a gap in education. The solution is quite simple, but involves willingness and openness. How can you help us with this country wide issue?

**Delegated Duties:** List tasks to be completed by who/ when here

<b>Tasks to be completed</b>	<b>By Who</b>	<b>By When</b>
1. Contact the principal	Sarah Mitchell	August 19,2009
2. Contact motivational speakers	Kyle Riley	August 31,2009
3. Producing the posters	Devin Bradlaw and Vincient Gomez	September 31,2009
4. Producing the brochures	Hope Herrera	September 31,2009
5. Announcements	Angus Daughtry	October 26,2009
6. Acquire permission from PDAP	Shawn Briggs	August 6,2009
7. Create a timeline	Group	August 31,2009
8. Find statistics	Jackie Gomez	August 19, 2009
9. Contact medical professionals	Sarah Mitchell	August 31,2009
10. Contact health department- Curt Pearson	Jackie Gomez	August 19,2009
11. Create the Surveys	Thomas Molina and Trini Pena	September 31,2009
12. Create PowerPoint	Hope Herrera	September 31,2009

Contact Robin Gonzales

Casey

August 6, 2009

## Closing Presentation Information

Team Name: Teen Pregnancy Prevention

We will do a project in the San Antonio middle schools.

The problem we want to change is: Teen Pregnancy

We want to change this by: November 1, 2009

The expected results of our project are: Teen Pregnancy rates to go down.

We want to complete our project on or before: November 1, 2009