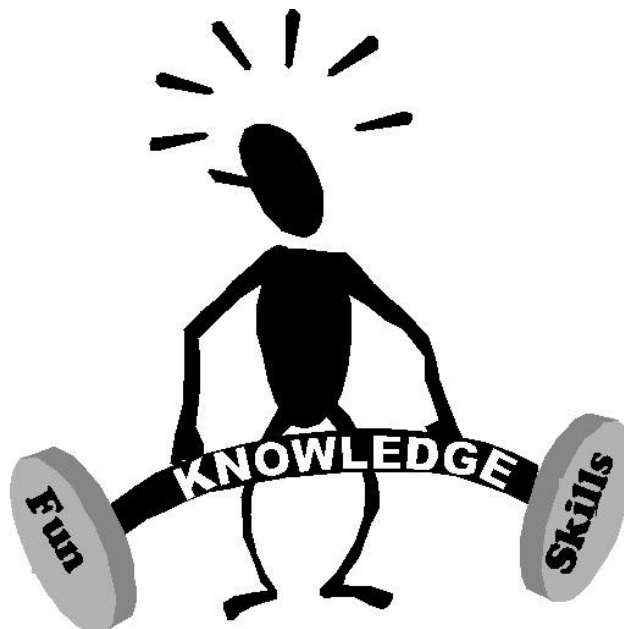




Extreme Youth Leadership Plan of Action for 2009

North Branch YMCA



Community Assessment:

I like where I live because...friends live there, weather, born there, economy

My favorite thing to do where I live is...parties, movies, mall, wonderland

If I could change one thing where I live, it would be..."The Highest" neighborhood,

The favorite thing the youth in my community like to do is...YMCA, mall, swimming

One thing the youth in my community do that worries adults is...Drinking, Drugs, Sex

One thing the adults in my community do that worries youth is...Shooting guns, drugs, fighting

The biggest issue in my community is...violence between people

What is being done to address this issue in my community is...nothing

What I can do to address this issue is...advertise shelters and rehabs, have events

Who do you want to target? adults

Where is the issue taking place? homes

What are you going to do? have a meeting where youth is in control and have information to pass out

Who in the community can help you? parents, church, YMCA, council men

What is it you hope to accomplish with your project? educate and reduce the violence

Who are you targeting? adults

What does the target audience already know about the problem? they feel it's a normal way of life

What does the target audience need to know about the problem? this problem is getting out of hand because it affects the kids

How do you plan to put those things that they need to know in your project event? Make the problem be said over and over again

What do you want "them" to do afterwards? think twice about it

How will you advertise your project to the Community? news paper, websites, billboard, social networks, texting

How will your project use the following media? the they will all be used for getting the word out about this up coming event.

- Community Newspaper
- School Newspaper
- Brochures/ flyers/ other printed materials information about this problem
- Radio
- Television
- World Wide Web
- Email
- Pod casts
- Text Messaging
- Instant Messaging
- Fax Messaging
- Social Networks
 - My Space
 - Face Book
 - Twitter
 - Other

Who do you need to include in your project? parents, sponsors, United Way Fondatioin, councilmen

What do you need from them for your project? support, money, help get it ready to organize

Project Partnerships

How could your project include the following Community Partnerships? enter 2-5 ideas here

Community:

- Companies enter how they could help here
- Parents enter how they could help here
- Community Service Groups enter how they could help here
- Churches support and donations
- Business owners enter how they could help here
- Foundation representative enter how they could help here

School:

- School Superintendent enter how they could help here
- School Board Member(s) enter how they could help here
- School Principal enter how they could help here
- Teacher(s) enter how they could help here
- Counselor enter how they could help here
- School Service Groups to ask them to let there schools know about this event

Government:

City:

- Mayor enter how they could help here
- City Council Member support
- City Manager enter how they could help here

Police Chief enter how they could help here

County:

County Judge enter how they could help here

County Commissioner enter how they could help here

Sheriff enter how they could help here

State:

Representative enter how they could help here

Senator enter how they could help here

National:

Representative enter how they could help here

Senator enter how they could help here

If/then statements:

This is a logical connection between the problem Identified, the resources needed and strategies implemented. Read the following if/ then statement after filling in these blanks.

The problem we want to address is violence,

If we have support and donations then we can provide a big meeting,

If we provide these activities we will decrease in violence,

If we have these results then this problem will be alleviated,

If this problem is alleviated then this project will be complete.

If the problem still exists then we will begin an additional plan.....

CSAP Six Prevention Strategies

1. Dissemination of Information – **knowledge** (get the word out)

The dissemination of information is characterized by one-way communication from the source to the audience, with limited contact between the two.

- What kind of information are you going to distribute?
- Who will you distribute the information to?
- How will you distribute the information?

FILL IN:

(name the information) **will be provided** (how?) **on** (when?) **for** (who?)

1. name the information will be provided how on when for who.

2. name the information will be provided how on when for who.

3. name the information will be provided how on when for who.

2. Prevention Education – **skills**

Activities under this strategy aim to affect critical life and social skills, including decision making, refusal skills and critical analysis of media messages.

- What skills will people gain as a result of your project? enter skills taught here
- How will you teach people to refuse the negative and accept the positive? enter how they will be taught here

Check the skill(s) included in plan:

- Communication Personal Social Critical Analysis
 Coping Refusal Other: Other:

3. **Alternative Activities – options**

This strategy provides for the participation of target populations in activities that exclude drug use.

- What activities will you provide people who need a place to go or something to do?
- How often will these activities be available?

FILL IN:

(name the activity) **will be done on** (when?) **for** (who?)

1. Name the activity here will be done on when for who.
2. Name the activity here will be done on when for who.
3. Name the activity here will be done on when for who.

4. **Community-Based Processes – working together**

This strategy aims to enhance the community partnerships

- Who in the community will you get involved in the project?
- How will you get the community involved?

FILL IN:

Partners Name What can they contribute to the project ?

1. Enter name here can contribute enter contribution here
2. Enter name here can contribute enter contribution here
3. Enter name here can contribute enter contribution here
4. Enter name here can contribute enter contribution here
5. Enter name here can contribute enter contribution here
6. Enter name here can contribute enter contribution here

7. Enter name here can contribute enter contribution here
8. Enter name here can contribute enter contribution here
9. Enter name here can contribute enter contribution here
10. Enter name here can contribute enter contribution here
11. Enter name here can contribute enter contribution here
12. Enter name here can contribute enter contribution here

5. **Environmental Approaches – changing attitudes, norms, policy or law**

This strategy seeks to establish or change community policies, laws, norms and attitudes

- Will this project change any community policies, laws, norms or attitudes?

Policy enter name of policy

Laws enter name of law

Norms enter norms targeted

Attitudes enter attitudes targeted

- How will your project change community policies, laws, norms or attitudes?

Policy enter how it will change

Laws enter how it will change

Norms enter how it will change

Attitudes enter how it will change

6. **Problem Identification and Referral – helping others**

This strategy aims to identify those who have indulged in problem behaviors in order to help them.

- How will you offer help to those who make poor decisions or are already in trouble?
- Are there people or organizations in your community that you can refer those people to?

FILL IN (enter who) **is the referral source for** (enter problem)

1. Enter who here is the referral source for Enter what here.

2. Enter who here is the referral source for Enter what here.

3. Enter who here is the referral source for Enter what here.

Project Results

Short-term Outcomes

What *immediate changes* do you expect to see as a result of the activities your program provides? enter immediate changes here

Knowledge Increase: list knowledge increase here

Skills Learned: enter skills learned here

Attitudes Changed: enter attitudes changed here

Intermediate Outcomes

What *behavioral changes* do you want to see as a result of all your project activities? enter behaviorial changes here

Behavior(s) Changed: enter specific behavior change here

Behavior(s) Changed: enter specific behavior change here

Behavior(s) Changed: enter specific behavior change here

Long-term Outcomes

What *conditions or abilities* do you hope to see as a result of all your program activities? enter conditions changed or abilities gained here

Condition(s) changed: enter specific condition changed here

Condition(s) changed: enter specific condition changed here

Ability(s) gained: enter specific ability gained here

Ability(s) gained: enter specific ability gained here

Project Materials

Write down what supplies are needed to complete the project. (Money, place, materials, etc)

List all supplies, materials, resources needed to complete this project here

Project Elevator Speech: write Elevator Speech here

Project Press Release: write Press Release here

Delegated Duties: List tasks to be completed by who/ when here

Tasks to be completed	By Who	By When
1. enter task assignment here	enter person responsible here	enter date here
2. enter task assignment here	enter person responsible here	enter date here
3. enter task assignment here	enter person responsible here	enter date here
4. enter task assignment here	enter person responsible here	enter date here
5. enter task assignment here	enter person responsible here	enter date here
6. enter task assignment here	enter person responsible here	enter date here
7. enter task assignment here	enter person responsible here	enter date here
8. enter task assignment here	enter person responsible here	enter date here
9. enter task assignment here	enter person responsible here	enter date here
10. enter task assignment here	enter person responsible here	enter date here
11. enter task assignment here	enter person responsible here	enter date here
12. enter task assignment here	enter person responsible here	enter date here

Team Slogan: write Team Slogan here

Closing Presentation Information

Team Name: enter team name here

We will do a project in the enter either School or Community here

The problem we want to change is: enter problem here

We want to change this by: enter how the project will change this here

The expected results of our project are: enter expected results here

We want to complete our project on or before: enter date here

Notes: enter any special details here

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