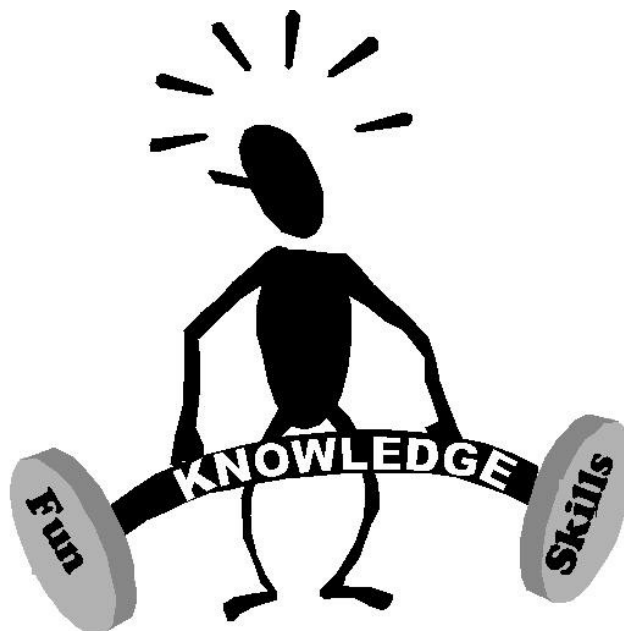




# Extreme Youth Leadership Plan of Action for 2009

## Post LOPES



## Community Assessment:

I like where I live because...It's small and in the country. Everyone knows each other

My favorite thing to do where I live is...Hanging out with friends

If I could change one thing where I live, it would be...The way people act at school and for our town to be better

The favorite thing the youth in my community like to do is...Partying and swimming

One thing the youth in my community do that worries adults is...The drinking and partying

One thing the adults in my community do that worries youth is...Provide alcohol to minors, drink themselves, smoke, and do drugs

The biggest issue in my community is...Drinking and partying

What is being done to address this issue in my community is...There is nothing being done

What I can do to address this issue is...Being a Leader, get more involved in the school and community, create change

Who do you want to target? Students in middle school

Where is the issue taking place? outside of school

What are you going to do? Expand the LOPES group and get more attention drawn to us

Who in the community can help you? for now, our teachers, administration and parents

What is it you hope to accomplish with your project? To get more kids involved with our group

Who are you targeting? Students in middle school

What does the target audience already know about the problem? They already know that kids are out making wrong decisions but they really just don't care

What does the target audience need to know about the problem? That there's more to life than just partying and making actions

How do you plan to put those things that they need to know in your project event? By being a friend and talking to more kids and other people about our group

What do you want "them" to do afterwards? Join the LOPES and get involved with us

How will you advertise your project to the Community? At junior high orientation, teachers don't really explain a lot about the group in school, so we're going to make a tri-fold of information about our group and hand out flyers

How will your project use the following media?

- Community Newspaper
- School Newspaper use it to tell people more about the group
- Brochures/ flyers/ other printed materials to hang up at school and around our town
- Radio
- Television
- World Wide Web
- Email
- Pod casts
- Text Messaging
- Instant Messaging
- Fax Messaging
- Social Networks
  - My Space
  - Face Book
  - Twitter
  - Other

Who do you need to include in your project? All of the faculty at school and Parents

What do you need from them for your project? We need them to give us support and to help us bring more attention to the group

## Project Partnerships

How could your project include the following Community Partnerships? By donating money, supplies, getting the word out, and by being involved.

### Community:

- Companies enter how they could help here
- Parents By being involved
- Community Service Groups enter how they could help here
- Churches enter how they could help here
- Business owners enter how they could help here
- Foundation representative enter how they could help here

### School:

- School Superintendent By approving it
- School Board Member(s) fundraising ideas
- School Principal By giving time for the incoming 6 graders
- Teacher(s) By getting the word out
- Counselor Find educational stuff
- School Service Groups Supporting the cause.

### Government:

City:

- Mayor enter how they could help here
- City Council Member enter how they could help here

- City Manager enter how they could help here
- Police Chief enter how they could help here

County:

- County Judge enter how they could help here
- County Commissioner enter how they could help here
- Sheriff enter how they could help here

State:

- Representative enter how they could help here
- Senator enter how they could help here

National:

- Representative enter how they could help here
- Senator enter how they could help here

### If/then statements:

This is a logical connection between the problem Identified, the resources needed and strategies implemented. Read the following if/ then statement after filling in these blanks.

The problem we want to address is our group size,  
 If we have a chance to tell incoming freshman what our group does for the community then we can provide a better chance to have a stronger group foundation,  
 If we provide these activities we will raise money to bring more campers next year.,  
 If we have these results then this problem will be alleviated,  
 If this problem is alleviated then this project will be complete.  
 If the problem still exists then we will begin an additional plan.....

## CSAP Six Prevention Strategies

1.  **Dissemination of Information – knowledge** (get the word out)  
 The dissemination of information is characterized by one-way communication from the source to the audience, with limited contact between the two.
  - What kind of information are you going to distribute?
  - Who will you distribute the information to?
  - How will you distribute the information?

FILL IN:

(name the information) **will be provided** (how?) **on** (when?) **for** (who?)

1. Making better choices will be provided for freshman orientation on August for 6 graders.
2. Principal approval will be provided by setting up a meeting on asap for time with 6 graders.
3. name the information will be provided how on when for who.

2.  **Prevention Education – skills**  
 Activities under this strategy aim to affect critical life and social skills, including decision making, refusal skills and critical analysis of media messages.

- What skills will people gain as a result of your project? How to handle peer pressure
- How will you teach people to refuse the negative and accept the positive? By getting a motivational speaker.

Check the skill(s) included in plan:

- Communication   
  Personal   
  Social   
  Critical Analysis  
 Coping   
  Refusal   
  Other:   
  Other:

3.  **Alternative Activities – options**

This strategy provides for the participation of target populations in activities that exclude drug use.

- What activities will you provide people who need a place to go or something to do?
- How often will these activities be available?

FILL IN:

(name the activity) **will be done on** (when?) **for** (who?)

1. Halloween Dance will be done on Friday around halloween for Middle school.
2. Water fight will be done on May for Middle School.
3. Name the activity here will be done on when for who.

4.  **Community-Based Processes – working together**

This strategy aims to enhance the community partnerships

- Who in the community will you get involved in the project?
- How will you get the community involved?

FILL IN:

Partners Name                      What can they contribute to the project ?

1. Parents can contribute by donating money and supervise
2. Law enforcement can contribute by providing prevention information.
3. Banks can contribute by donating money
4. Rec Center can contribute by providing a place to have fun.
5. Churches can contribute by donating supplies

6. Enter name here can contribute enter contribution here
7. Enter name here can contribute enter contribution here
8. Enter name here can contribute enter contribution here
9. Enter name here can contribute enter contribution here
10. Enter name here can contribute enter contribution here
11. Enter name here can contribute enter contribution here
12. Enter name here can contribute enter contribution here

5.  **Environmental Approaches – changing attitudes, norms, policy or law**

This strategy seeks to establish or change community policies, laws, norms and attitudes

- Will this project change any community policies, laws, norms or attitudes?

Policy enter name of policy

Laws enter name of law

Norms enter norms targeted

Attitudes Post is here to make a big different for the communities

- How will your project change community policies, laws, norms or attitudes?

Policy enter how it will change

Laws enter how it will change

Norms enter how it will change

Attitudes enter how it will change

6.  **Problem Identification and Referral – helping others**

This strategy aims to identify those who have indulged in problem behaviors in order to help them.

- How will you offer help to those who make poor decisions or are already in trouble?
- Are there people or organizations in your community that you can refer those people to?

FILL IN (enter who) **is the referral source for** (enter problem)

1. Enter who here is the referral source for Enter what here.
2. Enter who here is the referral source for Enter what here.
3. Enter who here is the referral source for Enter what here.

## Project Results

### Short-term Outcomes

What *immediate changes* do you expect to see as a result of the activities your program provides? enter immediate changes here

Knowledge Increase: By letting incoming 6 graders that there is a group that can have them feel accepted.

Skills Learned: 6 graders can be themselves

Attitudes Changed: Being

### Intermediate Outcomes

What *behavioral changes* do you want to see as a result of all your project activities? enter behaviorial changes here

Behavior(s) Changed: Being apart of LOPES is productive

Behavior(s) Changed: Being a positive leader.

Behavior(s) Changed: enter specific behavior change here

### Long-term Outcomes

What *conditions or abilities* do you hope to see as a result of all your program activities? enter conditions changed or abilities gained here

Condition(s) changed: enter specific condition changed here

Condition(s) changed: enter specific condition changed here

Ability(s) gained: Having group involvement

Ability(s) gained: enter specific ability gained here

## Project Materials

Write down what supplies are needed to complete the project. (Money, place, materials, etc)  
School approval, money, school supplies, and whatever people want to donate.

**Project Elevator Speech:** Peer pressure, drugs, and alcohol, all these things are at our

school. The one year round program we have is LOPES  
 LOPES are a small organization that helps kids' life by giving them as much support we can.

**Project Press Release:** write Press Release here

**Delegated Duties:** List tasks to be completed by who/ when here

<b>Tasks to be completed</b>	<b>By Who</b>	<b>By When</b>
1. Talk to principal	Kelsey	August 5
2. Find Sponsors	Taylor	Ongoing
3. T shirts	Kari and Kelsey	Christmas
4. Dance/Halloween	Toni and Lindsey	October 31
5. Spring Activities	Jamie and Beca	May 10
6. enter task assignment here	enter person responsible here	enter date here
7. enter task assignment here	enter person responsible here	enter date here
8. enter task assignment here	enter person responsible here	enter date here
9. enter task assignment here	enter person responsible here	enter date here
10. enter task assignment here	enter person responsible here	enter date here
11. enter task assignment here	enter person responsible here	enter date here
12. enter task assignment here	enter person responsible here	enter date here

**Team Slogan:** write Team Slogan here

### Closing Presentation Information

Team Name: LOPES

We will do a project in the school to recruit more people for LOPES

The problem we want to change is: having a stronger group foundation

We want to change this by: Next spring.

The expected results of our project are: Having a bigger group to take on our community

We want to complete our project on or before: Next spring

Notes: enter any special details here