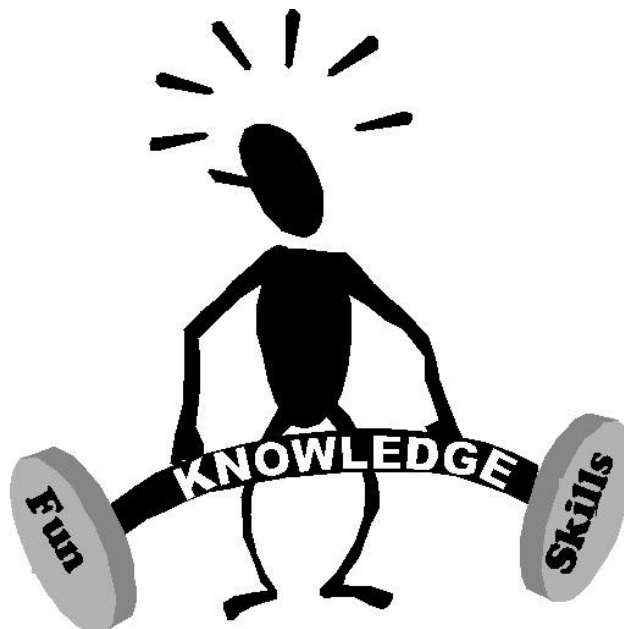




Extreme Youth Leadership Plan of Action for 2009

Tom Bean Middle School SADD



Community Assessment:

I like where I live because...There are a lot of groups to be a part of. Also it's a small town.

My favorite thing to do where I live is...Just hanging out with friends.

If I could change one thing where I live, it would be...to make buildings non smoking.

The favorite thing the youth in my community like to do is...Most of the youth like to party and some like to play sports.

One thing the youth in my community do that worries adults is...What worries them are smoking, sex, drinking, and drugs.

One thing the adults in my community do that worries youth is...What worries us is there drinking, smoking around youth.

The biggest issue in my community is...Teen pregnancy, meth, smoking, dipping, smoking.

What is being done to address this issue in my community is...nothing

What I can do to address this issue is...Stand up for what I believe in talk to organization & get involved

Who do you want to target? Klds entering highschool from middle school.

Where is the issue taking place? At the middle school where they are getting ready for high school.

What are you going to do? Bring education programs to the school.

Who in the community can help you? Anyone willing to help.

What is it you hope to accomplish with your project? To decrease bullying.

Who are you targeting?

What does the target audience already know about the problem? They see it but not educated enough.

What does the target audience need to know about the problem? They need to be more educated about peer pressure and what results from it, also the effects of peer pressure

How do you plan to put those things that they need to know in your project event? by bringing speakers and have fun educational acts.

What do you want "them" to do afterwards? We want them to be more educated about peer

pressure and help us by getting more involved in our group

How will you advertise your project to the Community? Make posters, have small flyers as reminders, and school announcements

How will your project use the following media? enter 2-5 ideas here

- Community Newspaper
- School Newspaper Getting a story in about our programs
- Brochures/ flyers/ other printed materials Facts about peer pressure and information on programs we will have at school
- Radio
- Television
- World Wide Web
- Email
- Pod casts
- Text Messaging
- Instant Messaging
- Fax Messaging
- Social Networks
 - My Space
 - Face Book
 - Twitter
 - Other

Who do you need to include in your project? Middle and High school faculty, Public Speakers from EYL and AAP, The Health Dept. and TABC

What do you need from them for your project? We need support from the school faculty, We need speakers to come and talk to students during the program, and we need The Health Dept. and TABC to come out and help us give out more information for our programs

Project Partnerships

How could your project include the following Community Partnerships? enter 2-5 ideas here

Community:

- Companies enter how they could help here
- Parents send out newsletters to parents to let them know about the programs and get their support
- Community Service Groups enter how they could help here
- Churches enter how they could help here
- Business owners enter how they could help here
- Foundation representative enter how they could help here

School:

- School Superintendent meet with the superintendent to get her support
- School Board Member(s) enter how they could help here
- School Principal get his permission to hold programs in school
- Teacher(s) ask for support

- Counselor enter how they could help here
- School Service Groups enter how they could help here

Government:

City:

- Mayor get their support
- City Council Member get their support
- City Manager enter how they could help here
- Police Chief enter how they could help here

County:

- County Judge enter how they could help here
- County Commissioner enter how they could help here
- Sheriff enter how they could help here

State:

- Representative enter how they could help here
- Senator enter how they could help here

National:

- Representative enter how they could help here
- Senator enter how they could help here

If/then statements:

This is a logical connection between the problem Identified, the resources needed and strategies implemented. Read the following if/ then statement after filling in these blanks.

The problem we want to address is peer pressure,
 If we have enter resources then we can provide educational programs for our middle school,
 If we provide these activities we will be able to educate our peers about peer pressure and drugs and alcohol,
 If we have these results then this problem will be alleviated,
 If this problem is alleviated then this project will be complete.
 If the problem still exists then we will begin an additional plan.....

CSAP Six Prevention Strategies

1. **Dissemination of Information – knowledge** (get the word out)
 The dissemination of information is characterized by one-way communication from the source to the audience, with limited contact between the two.
 - What kind of information are you going to distribute?
 - Who will you distribute the information to?
 - How will you distribute the information?

FILL IN:

(name the information) **will be provided** (how?) **on** (when?) **for** (who?)

1. Information on Peer Pressure, drugs and alcohol will be provided by programs and speakers on throughout the school year for middle school.

2. name the information will be provided how on when for who.

3. name the information will be provided how on when for who.

2. **Prevention Education – skills**

Activities under this strategy aim to affect critical life and social skills, including decision making, refusal skills and critical analysis of media messages.

- What skills will people gain as a result of your project? Kids will learn how to react to peer pressure in their school and how to stand up for what is right
- How will you teach people to refuse the negative and accept the positive? by educating them through our programs, but also by being their friend and helping them out. Also by talking to peers ourselves

Check the skill(s) included in plan:

- | | | | |
|--|---|--|--|
| <input type="checkbox"/> Communication | <input type="checkbox"/> Personal | <input checked="" type="checkbox"/> Social | <input type="checkbox"/> Critical Analysis |
| <input checked="" type="checkbox"/> Coping | <input checked="" type="checkbox"/> Refusal | <input type="checkbox"/> Other: | <input type="checkbox"/> Other: |

3. **Alternative Activities – options**

This strategy provides for the participation of target populations in activities that exclude drug use.

- What activities will you provide people who need a place to go or something to do?
- How often will these activities be available?

FILL IN:

(name the activity) **will be done on** (when?) **for** (who?)

1. Name the activity here will be done on when for who.

2. Name the activity here will be done on when for who.

3. Name the activity here will be done on when for who.

4. **Community-Based Processes – working together**

This strategy aims to enhance the community partnerships

- Who in the community will you get involved in the project?
- How will you get the community involved?

FILL IN:

Partners Name What can they contribute to the project ?

1. Middle School Principal can contribute by giving us his support
2. Law Enforcement can contribute by coming out to the school and speaking at our programs
3. Health Dept. can contribute by coming out to the school and speaking at our programs.
4. TABC in Sherman and AA can contribute Give us their support
5. Mayor can contribute give us her support
6. City Counsel can contribute give us their support
7. Enter name here can contribute enter contribution here
8. Enter name here can contribute enter contribution here
9. Enter name here can contribute enter contribution here
10. Enter name here can contribute enter contribution here
11. Enter name here can contribute enter contribution here
12. Enter name here can contribute enter contribution here

5. **Environmental Approaches – changing attitudes, norms, policy or law**

This strategy seeks to establish or change community policies, laws, norms and attitudes

- Will this project change any community policies, laws, norms or attitudes?

Policy enter name of policy

Laws enter name of law

Norms enter norms targeted

Attitudes will change so students will understand how peer pressure is affecting school

- How will your project change community policies, laws, norms or attitudes?

Policy enter how it will change

Laws enter how it will change

Norms enter how it will change

Attitudes by by giving them that extra information about peer pressure

6. **Problem Identification and Referral – helping others**

This strategy aims to identify those who have indulged in problem behaviors in order to help them.

- How will you offer help to those who make poor decisions or are already in trouble?
- Are there people or organizations in your community that you can refer those people to?

FILL IN (enter who) **is the referral source for** (enter problem)

1. Enter who here is the referral source for Enter what here.
2. Enter who here is the referral source for Enter what here.
3. Enter who here is the referral source for Enter what here.

Project Results

Short-term Outcomes

What *immediate changes* do you expect to see as a result of the activities your program provides? Changes in the way students view peer pressure

- Knowledge Increase: They will be more informed on how peer pressure affects them
- Skills Learned: They will learn acceptance, and self esteem
- Attitudes Changed: They will have better attitudes which will affect others around them

Intermediate Outcomes

What *behavioral changes* do you want to see as a result of all your project activities? enter behaviorial changes here

- Behavior(s) Changed: enter specific behavior change here
- Behavior(s) Changed: enter specific behavior change here
- Behavior(s) Changed: enter specific behavior change here

Long-term Outcomes

What *conditions or abilities* do you hope to see as a result of all your program activities? enter conditions changed or abilities gained here

- Condition(s) changed: enter specific condition changed here
- Condition(s) changed: enter specific condition changed here

Ability(s) gained: enter specific ability gained here

Ability(s) gained: enter specific ability gained here

Project Materials

Write down what supplies are needed to complete the project. (Money, place, materials, etc)
List all supplies, materials, resources needed to complete this project here

Project Elevator Speech: write Elevator Speech here

Project Press Release: write Press Release here

Delegated Duties: List tasks to be completed by who/ when here

Tasks to be completed	By Who	By When
1. At Large Meeting to Discuss Project	SADD Members	before and by the 1 st week of school
2. Talk to Middle School Principal	Lindsey and Chey and Dway	2 Week of School
3. Get EYL and AAP Speaker	Ms. Yates and all	starting now until 3 weeks before school
4. Plan Skit	Brianna and Lindsey	Before School
5. Call Health Dept. and TABC	Lindsey	Sept. 1
6. High School speaker Prep	Lindsey, Bri, and rest of H.S. SADD	Before Oct. 1
7. Talk to HS principal	Lindsey	2 nd week of school
8. Talk to office and set up announcements	Cheyene and Dwayne	Week before designated Program
9. Newsletters sent to parents	Ms. Yates	To be announced
10. Personally invite superintendent	Lindsey and Brianna	2 weeks before first program
11. Contact News Station	Ms. Yates	1 st of Oct.
12. Contact PTO	all	End of Aug or beginning of Sept.

Team Slogan: write Team Slogan here

Closing Presentation Information

Team Name: Tom Bean

We will do a project in the Middle School of our community

The problem we want to change is: Peer pressure

We want to change this by: holding programs and getting the word out to our peers about how peer pressure, along with drugs and alcohol is affecting them

The expected results of our project are: for more of our students to be more educated and prepared to handle peer pressure

We want to complete our project on or before: throughout the entire school year

Notes: enter any special details here