

Dear Mitch, Reggie & Trey,

I want to thank you for the time, effort and energy you spent in preparing and presenting at our (now to be annual) Sophomore Substance Abuse Seminar! I have one word...WOW!!

The seminar was extremely impacting. It was high-energy, highly informative and experiential!! Those sophs went in to the room not really knowing what to expect, but they started learning from the minute they came in. And...they started laughing! In my opinion, the two L's (Learning and Laughing) should be a part of all seminars.

The Power Point with all the videos kept them entertained while learning. In this high tech day and age, young people need this form of education, because anything less leaves them bored. Our kids weren't bored!! They heard some stats and saw some clips that made them stop and think. I want these teens to have a better world in which their own children can grow. And we CAN change this generation...that was laid out there so well by Mitch! I think our kids need to have HOPE, and certainly they heard about that!

The card game kept them intrigued and active! The processing of the game made that activity make sense. We must connect with each other and have a "Win-Win" attitude. We ARE our "brothers' keepers"! The area of "Positive Peer Pressure" is one that has been neglected too long. It's not enough for our teens to "just say no"...they need to influence their peers toward the same decision.

And, what do I say about the rope game?! Well, here's one thing. The other day I was visiting with a student about the seminar. I said, "How did you like the rope activity?" Her response as she looked down at a rope burn scar on her left hand and ring finger was..."Well, I have this scar. I guess it will always be a reminder for me not to mess with drugs!" My concern over having to send a few to the nurse, quickly dissipated.

Mitch, the brief activity that you did with all 400 of my upper schoolers was truly amazing! They were very impacted by that as evidenced by the LISTENING! All I can say about those kinds of activities are ...MORE, MORE, MORE!!

As an event planner myself, I know that this sort of seminar doesn't just happen! It takes time and effort and energy to pull it off! And the 3 of you did!! Thank you for your heart and your concern for young people! It is so evident in your presentation. And, another impacting part is for them to hear of your personal stories. When they know it's real to you...it means more!!

We look forward to spending more time with you in the years to come! Thank you for your service to young people all over!

Respectfully,

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